

dulse



12th – 19th September 2025



RESTAURANT WEEK

Three courses £35.00 per person

To Nibble

Optional course, supplement applies

Farm Cottage Bakery Artisan Bread £5.50
Seaweed butter, Pembrokeshire sea salt (W,D)

Starters

Ham Hock Terrine
Potato and radish salad, piccalilli (W,D,E,SD,MU)

Smoked Haddock, Welsh Cave Aged Cheddar & Laverbread Frittata
Mustard leeks, cheese cracker and sherry vinegar (F,W,D,E,SD,MU)

Dulse Seafood Chowder
Sweetcorn, chorizo and Pembrokeshire potatoes, charred cornbread and seaweed butter (F,W,M,D,SD,C)

Avocado, Tomato & Applewood Cheese Bruschetta
Cornbread, chili, caper and lemon dressing, balsamic gel (V,W,SD,MU)

Mains

8oz Rump Steak 8oz
Stem broccoli, charred onion, peppercorn sauce, served with chips (D)

Roasted Salmon
Mussels, chorizo, Pembrokeshire cider (F,M,D,MU,C)

Dulse Seafood Laksa
Prawns, salmon and skate wing cooked in a coconut, lemongrass, ginger and turmeric broth with egg noodles (F,Cr,W,E,SD,C,M)

Chicken Supreme
Hash brown, broccoli, Welsh cheddar croquette, chicken jus (B,D,E,W)

Roasted Butternut Squash
Tomato, chickpeas, baby onions, cauliflower ragu, saffron emulsion, mint and lemon couscous (V,W,S,SD,C)

Desserts

Passion Fruit & White Chocolate Cheesecake
Elderflower and ginger syrup, coconut ice cream (V,W,S,D,E,SD)

Sticky Toffee Pudding
Barti spiced rum toffee sauce, salted caramel ice cream (V,W,S,D,E,SD)

Tonka Bean Panna Cotta
Meringue, peach sorbet, blackberry (V,S)

A discretionary 10% service charge will be added to your bill.

Please advise us of any food allergies. Whilst every care is taken, we cannot guarantee that our kitchens are an allergen free environment, nor can we guarantee the processes used by our ingredient manufacturers.

Gluten Allergy: (B) Barley, (O) Oats, (R) Rye, (SP) Spelt, (W) Wheat
Nut (Tree Nut) Allergy: (A) Almonds, (BN) Brazil nuts, (CN) Cashew nuts, (H) Hazelnuts, (PS) Pistachios, (PN) Pecan nuts, (WN) Walnuts
Other Allergy: (C) Celery, (CR) Crustaceans, (D) Dairy/milk, (E) Eggs, (F) Fish, (L) Lupin, (M) Molluscs, (MU) Mustard, (P) Peanuts, (SE) Sesame seeds, (S) Soya, (SD) Sulphur dioxide
Lifestyle: 🌱 Plant-based, (V) Vegetarian